

19 – Energy advisor

After a literary 'bac', Ingrid passed a geography license (3 years after the 'bac'); then she chose to pass a professional degree in landscape management & design.

Then she decides to change her course towards the protection of the environment and the promotion of sustainable development. She signs a contract with the CAUE in Vendée that led her to get a DESS in eco building. That was the time when she met an energy advisor who made her realize that was what she wanted to be.

Currently, she is the energy advisor at the Espace Info Energie (EIE) in Dinan where 75% of her time is spent advising citizens on how to slash their energy bills through insulation or better heating solutions as well as how to find your way with helps and subsidies. The rest of her time is devoted to animations aiming at telling the public about energy saving methods and ways. She declares that she likes it to be of public utility. She insists that in her work, she does not sell anything, she only informs and helps, hence remains neutral, she does not have to distort facts to sell nor convince nor cheat.

She has developed the ambition to become advisor in shared energy, meaning she would rather deal with communities, cities in order to propose long term solutions as regards energy issues – consumption, supply and savings.